

THE GUIDE

WHAT'S WORTH WATCHING: OUR PICKS FOR THE WEEK



WHAT I'M WATCHING: *Say Yes to the Dress*

LAURA VANDERVOORT (V) "I watch a lot of the TLC network, like *Say Yes to the Dress*. When you want to turn your mind off and just relax, it's fun. And I'm a girl. It's great to see these women try on dresses and hear their love stories."

▶▶ **Matt's Pick**

1 THE BIG BANG THEORY Leonard must choose between his new girlfriend and Penny's friendship. If only there were a parallel universe...so we could watch twice as much *BBT!* (See page 34.)

THURSDAY 3/10, 8/7c, CBS

2 FRINGE The show you need to be watching wows us once again with an hour full of John Noble goodness. See Walter scramble to undo his little universe-wrecking oops.

FRIDAY 3/11, 9/8c, Fox

3 RAISING HOPE Cousin Mike visits home with his new polygamist bride (24 alum Mary Lynn Rajs kub). Just another reason to shower big love on this gem. **TUESDAY** 3/8, 9/8c, Fox



4 AMERICA'S NEXT TOP MODEL Bad weaves. Big tears. Maybe a few battling beauties. That's right, it's the makeover episode! And you know this is one *Model* mess that is a must-see.

WEDNESDAY 3/9, 8/7c, The CW

5 THE BACHELOR: THE WOMEN TELL ALL Brad's in for a dark and thorny night: His rose-deprived exes are opening up with the steamy date details we've been dying to hear all season.

MONDAY 3/7, 8/7c, ABC